Maintain Healthy Weight
- Exercise
- Be Physically Active
- Drink Plenty of Water
- Have several small meals at regular intervals
- Reduce consumption of caffeinated drinks

OBESITY PREVENTION

Exercise
- Get regular health checkups
- Minimal exposure to flicker lights
- Limit screen & other sit time
- Avoid Alcohol
- Take control on seasonal allergies

DIABETES CONTROL

Maintain Healthy Weight
- Say no to Tobacco
- Avoid Stressful activities
- Enjoy with Family

Obesity & Diabetes
3rd International Conference on
May 21-22, 2020 | Valencia, Spain

www.obesityconferences.org
INVITATION

CPG Scientific Events is glad to welcome you all to the 3rd International Congress on Obesity & Diabetes 2020 which will be held during May 21-22, 2020 at Valencia, Spain

International Congress on Obesity & Diabetes 2020 will be one of the largest international conventions of Doctors, Researchers, Scientists, Educators, Professors, Practitioners and students in the field of Obesity & Diabetes. The conference will give participants a best platform to exchange ideas, discover novel opportunities and broaden their knowledge.

The Meeting Theme: A Practical Look and Research Strategies to Prevent Obesity and Diabetes.

The scientific sessions offer researchers and health-care professionals a unique opportunity to share ideas and learn about significant advances in Obesity and Diabetes research, treatment and care. Over the course of two days, participants will receive exclusive access to more than 30 dynamic and innovative sessions, take part in engaging exchanges with industry-leading experts and expand professional networks. With the best-in-class Speakers from the leading global Diabetes Institutions - this conference would help bring the latest and the best practices in Diabetes care to Clinicians treating people with Diabetes.

CAUSES OF OBESITY

**GENES**
Genes can cause certain disorders which may result in obesity. Studies have identified more than 30 genes on 12 chromosomes that are associated with body mass index.

**WORK & LIFESTYLE**
An average we spend over 5 hours a day sitting down

**NUTRITION**
Energy (kcal) imbalance. People are consuming 500 kcal/day more than 40 years ago

**LACK OF ACTIVITY**
42% of people don’t ever exercise

Sources:
**Expert Speakers**
Global renowned speakers are invited to deliver keynote speeches and plenaries at Obesity & Diabetes 2020.

**Young Researcher’s Forum**
In order to motivate young researchers of the Field the organizing committee of the International Conference on Obesity & Diabetes 2020 decided to offer best speaker and best Poster awards for the Best Young Researcher of the Conference.

**Academic Exposure**
Our Organizing committee of Obesity & Diabetes 2020 guarantee the best reviews and the comments that you get in the conference will help to develop presenter’s research with academic richness.

**Networking Opportunity**
Networking sessions will provide on the 2nd day of the conference for the Conference participants and it will be a great opportunity for the conference attendees to network with same interest community to exchange innovative Ideas in personal.

**Industry Influence**
International Conference audience will be 100 + attendees and enriched with Parallel sessions, Roundtable discussions and one to one meetings with Industry knowledge experts.

**Workshops**
Workshop by Global Experts will take a deep dive into new technology tools, gain new insights, and explore subjects outside of your purview.
Day-1- Thursday, May 21, 2020

Morning
• 08:00-09:00 : Registration
• 09:00-10:30 : Opening Ceremony and Introduction
• 10:30-11:00 : Refreshments
• 11:00-12:30 : Keynote Session I and Keynote Session II

Afternoon
• 12:30-13:30 : Lunch with Table Discussions
• 13:30-15:00 : Oral Presentations I

Evening
• 15:00-15:30 : Coffee Break
• 15:30-18:00 : Oral Presentations II

Day-2- Friday, May 22, 2020

Morning
• 09:00-10:30 : Keynote Session III and Key Note Session IV
• 10:30-11:00 : Refreshments
• 11:00-12:30 : Oral Presentations III

Afternoon
• 12:30-13:30 : Lunch with Table Discussions
• 13:30-15:00 : Poster Presentations I

Evening
• 15:00-15:30 : Coffee Break
• 15:30-18:00 : Oral Presentations IV
SCIENIFIC SESSIONS

- Insights on Nutritional Findings
- Paediatric Obesity
- Genetic Obesity
- Nutritional Imbalance
- Eating Disorders and Obesity
- Obesity and Cardiac issues
- Obesity - Health Risks
- Obesity and Metabolism
- Obesity & Metabolic Syndrome
- Diabetes
- Ties between Obesity and Diabetes
- Consequences of Obesity on Cancer
- Healthy Eating and Living
- Weight Management
- Preface to Obesity and Overweight
- Progressing Policies for Obesity
- Endocrinology: Disorders and Treatment

- Clinical Management
- Clinical Research and Interventions in Obesity
- New Directions in Obesity Treatment
- Anti-Obesity Drugs
- Obesity Prevention
- Endcrinal and Hormonal Obesity
- Obesity on Growth Hormones
- Complications associated with Diabetes
- Genetics of Diabetes
- Advanced Technologies for the Treatment of Diabetes
- Diabetes Management
- Emerging Focus in Diabetes Research
- Transplantation of Diabetes
- Diabetes Research in Clinical Practice
- Computational Biology of Diabetes
- Risk Factors and Related Diseases of Diabetes

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CONFERENCE REGISTRATION & FEES

All participants should register for the conference by completing the Registration Form which is given separately with the brochure and is also available on the conference website.

Fees are payable in advance. The payment can be made by Online Bank or Wire transfer.

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<th>On/Before Dec 01, 2019</th>
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TARGET AUDIENCE
- Diabetologists
- Endocrinologists
- Doctors
- Dieticians
- Obesity Specialists
- Health Professionals
- Academic Professionals
- Business Entrepreneurs
- Medical Colleges and Hospitals
- Medical and Pharma Companies
- Diabetes and Endocrinology Societies and Associations
- Obesity Societies and Associations
- Students
- Researchers

ABSTRACT SUBMISSION GUIDELINES
Speaker should ensure that the abstract publication has been approved by all other coauthors. All abstracts must be written exclusively in English (including the title, abstract text, author names and affiliations. Please provide the presenting author’s contact details including full mailing address, office phone number and email address.

HOW TO SUBMIT:
- Submit your abstract of not more than 250 Words, please download the Abstract Template (The format will help you to submit your abstract, Therefore you are requested to follow the format carefully for your abstract submission).
- Please send a brief biography together with the abstract.
- Submit before the submission deadline in order to benefit the early bird rates

www.obesityconferences.org
A holiday in **SPAIN**

Of course, Spain is a popular vacation destination in its own right, welcoming more than 80 million foreign visitors in 2017. Some come to explore the streets of Barcelona and Madrid, some hit the golf courses, while others head straight to the beach. If you’re vacationing in Spain anyway, it can be a good opportunity to access cheap dental care. Alternatively, if you’re coming predominantly for dental work, you’ll still find plenty to do during your free time. One of the great things about traveling abroad for dental implants or other work is the chance to enjoy a holiday, get your teeth fixed, and still save money compared to private treatment costs back home.

**VALENCIA** *(click for more info)*

In a dreamy seaside setting, this balmy Mediterranean port town lives up to the local saying “a piece of heaven fallen to earth.” Under the warm rays of the southern sun, the town’s palm-fringed plazas are full of life, and its churches sparkle with brightly colored azulejo domes. As the old capital of the kingdom of Valencia, the city is rich in cultural heritage. Magnificent historic monuments, such as the 15th-century Silk Exchange, the 18th century Marquise Palace, and the Museum of Fine Arts, tell the story of a wealthy merchant and aristocratic past.